

# MARCH

## Small Group Guide

### Elevated Conversation

#### SUGGESTIONS FOR THIS MONTH'S MEETING:

- This meeting is an important opportunity to model close listening and supportive presence, key ingredients to elevated conversation. As the group leader, be intentional about eliminating distractions during the meeting: turn your phone off if you can; spend time in prayer specifically for your group members before the meeting; if you are the host, set a peaceful, comfortable environment.
- By now, the initial fervor of Lent might be fading for the members of your group. This is a time when fatigue and discouragement might set in and resolutions could be weakening. Consider checking in with everyone about any Lenten commitments they have made and offer encouragement where needed. Gently guide the discussion back toward the ultimate purpose of Lent: to encounter God's love and mercy more intimately in our lives and relationships. Notice where there is needless pressure or self-criticism; discern whether the Holy Spirit is prompting you to speak words of tender compassion over others.
- If it feels appropriate, talk with your group about the possibility of planning an Easter celebration. A gathering on Divine Mercy Sunday or any other Sunday in Easter would be a great way to put into practice so much of what you have been discussing over these past several months.

#### DISCUSSION QUESTIONS

1. *Deacon Block shares in this month's video about the importance of going deeper in our conversations. What would it look like for you to treat elevated conversation as part of your particular vocation?*

---

---

---

2. *Deacon Block's first recommendation for promoting elevated conversation is to prioritize prayer, because, as he says, "We cannot give what we don't have." What do we receive in prayer, and what does this have to do with our conversations with others?*

---

---

---

Continued on next page



# MARCH

## Small Group Guide

### Elevated Conversation

3. *What is the role of listening in conversation? What is the role of speaking? How do these different actions contribute to deeper relationship?*

---

---

---

4. *What specific Sunday rhythms and practices do you think have the most potential for cultivating elevated conversation? How could committing to these practices shape your relationships over time?*

---

---

---

