

MAY

Small Group Guide

Community

SUGGESTIONS FOR THIS MONTH'S MEETING:

- May is the month of Mary; opening or closing your meeting with a traditional Marian prayer like the Memorare, the Angelus, or a decade of the Rosary are beautiful ways to honor Mary during your group meeting.
- In these spring months (weather permitting), consider hosting your meeting outside! Sometimes a change of scenery can refresh the entire group experience and give everyone some much-needed sunshine and fresh air.
- Heading into summer, be aware that schedules often change dramatically and your group members might have different needs and capacities for group meetings. It's worth asking: Will this time/location still work for you? Do we need to make any other adjustments to the rhythms of our meetings (e.g., making them more social/laid back)? Are there any dates that you won't be available this summer? Making space for these conversations is a good way to set realistic expectations.

DISCUSSION QUESTIONS

1. *Karla describes a moment of "deep rest" that came not from sleep, but from simply being with people she loved. For her, that was napping on her parents' couch, completely at peace. When have you experienced that kind of rest? What made it possible?*

2. *Karla observes that people can share a roof yet still exist in separate orbits. What are the forces that most pull you away from real presence with the people in your home?*

3. *Are you more of an introvert or an extrovert? How does your personality shape the way you connect with others, and what does it make more difficult?*

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4. We often think that if we wait for a "good time" to invest in community (a less busy season, a better hosting space, a tidier home, etc.) then it will be easier or more fruitful. But what would it look like to stop waiting and make space for community now, even with the imperfections of your current situation?

