

The Season of Lent



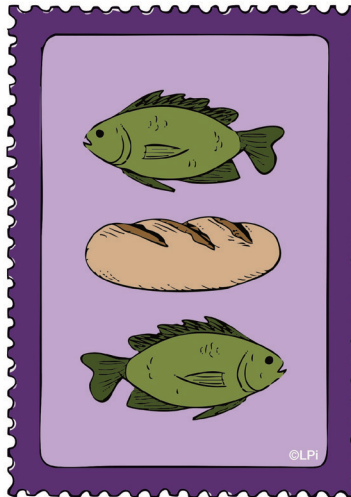
What is Lent?

In 2026, the forty days of Lent will begin on Ash Wednesday, February 18, and end on Holy Thursday, April 2. Easter Sunday is on April 5. During this sacred season, we are called to deepen our faith through prayer, fasting, and almsgiving.



Prayer

Prayer is a vital part of our faith because, at its essence, it is a relationship. Sometimes we view it simply as a set of rules to follow. Everything we do as Catholics flows from our relationship with God, who created us out of love, by love, and for love. The basis of any relationship is communication, so prayer is an essential part of our faith.



Fasting

Fasting is simply refraining from indulging in good things for us, such as food. Abstaining is fasting from a particular thing.

As Catholics, we abstain from meat on all Fridays during Lent. We also have a special fast on Ash Wednesday and Good Friday, when we not only abstain from eating meat, but we fast by eating only two small meals and one normal sized meal.



Almsgiving

Almsgiving is a form of charity or love. St. Paul said that charity is the most important virtue (1 Cor 13:13). We are obliged, as Catholics, to love our fellow man, especially those in need.



Ash Wednesday

February 18

SPP: 8:30am, Mass

STA: 7pm, Mass



Stations of the Cross

STA: Feb 20, 7pm

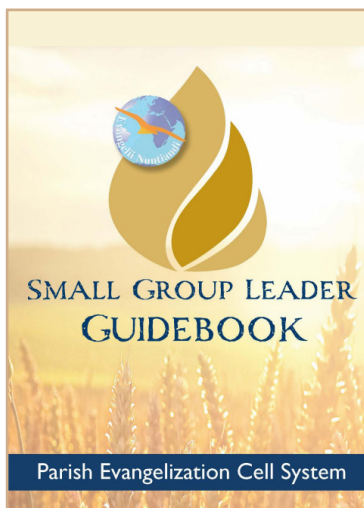
SPP: Feb 27, 7pm

STA: Mar 6, 7pm

SPP: Mar 13, 7pm

STA: Mar 20, 7pm

SPP: Mar 27, 7pm



Small Groups

STA: Sun, 8:45-10:15am

SPP: Sun, 6:30-8pm

SPP: Tues, 6-7:30pm

STA: Tues, 7-8:30pm

STA: Wed, 6:15-7:15pm

STA: Thurs, 10-11:30am

STA: Fri, 9-10am

*Locations, dates, and topics vary...
check website for details.*



Mission Speaker

March 1, 6:30-8:30pm

STA: Parish Center dining hall

Gina and other guest speakers will talk about Reclaiming Sundays and offering lasting habits to anchor each week in a joyful, prayerful, and restful observance of the Sabbath.



Fish Fry

SPP: Mar 13, 4-7pm

STA: Mar 20, 4-6:30pm

SPP: Mar 27, 4-7pm



Ham Bingo

SPP: Mar 22, 1-4pm

STA: Mar 29, 11am-3pm



Mass Schedule

SPP: Tues, 8am

SPP: Wed, 8:30am

SPP: Thurs, 8:30am

STA: Fri, 8:30am

STA: Sat, 8:30am

SPP: Sat, 4pm

STA: Sat, 5:30pm

STA: Sun, 7:30am

SPP: Sun, 9am

STA: Sun, 10:30am



Confession Times

SPP: Tues, 7:15-7:45am

SPP: Tues, 3:30-4pm

SPP: Wed, 7:45-8:15am

SPP: Wed, 3:30-4pm

STA: Wed, 6:15-7pm

SPP: Thur, 7:45-8:15am

STA: Fri, 7:45-8:15am

STA: Fri, 3:30-4pm

STA: Sat, 7:30-8:15am

SPP: Sat, 3-3:45pm

Add'l Confession Times

STA: Mar 29, 3-4pm

SPP: Mar 29, 6-7pm

SPP: Mar 31, 6-7pm



Holy Thursday

April 2

SPP: No AM Mass or Confession
SPP: 5pm, Adoration closes
STA: 7pm, Mass
SPP: 7pm, Mass
STA: 8-10pm, Altar of Repose
SPP: 8-10pm, Altar of Repose

Parish Offices closed



Good Friday

April 3

STA: No AM Mass or Confession
SPP: 7:30-8:15am, Confession
SPP: 8:30am, Morning Prayer
STA: 12pm, Stations
STA: 3pm, Passion Service
SPP: 3pm, Stations
STA: No PM Confession
SPP: 7pm, Passion Service

Parish Offices closed



Holy Saturday

April 4

STA: No AM Mass or Confession
SPP: 7:30-8:15am, Confession
SPP: 8:30am, Morning Prayer
SPP: 3-3:45pm, Confession
SPP: No 4pm Mass
STA: No 5:30pm Mass
STA: 8:30pm, Easter Vigil
SPP: 8:30pm, Easter Vigil



Easter Sunday

April 5

STA: 7:30am, Mass
SPP: 9am, Mass
SPP: 10am, Adoration resumes
STA: 10:30am, Mass

No coffee + donuts after Mass



Area Perpetual Adoration

Saints Peter & Paul, Loretto

When the disciples asked about following Jesus, He invited them by saying, "Come away by yourselves to a desolate place and rest with me." Mark 6:31

In the Garden of Gethsemane, Jesus reminds us of this invitation when he asks, "Could you not keep watch one hour with me?" Matthew 26:40 This is a personal invitation from Jesus to each of us. We are incredibly blessed to have **Our Lady of Loretto Area Perpetual Eucharistic Adoration Chapel** open 24/7 (for over 27 Years!) and Jesus waiting for us to spend an hour each week with Him. Eucharistic Adoration is a beautiful way for us to answer His invitation!

Lent isn't just about what we can give up, but what we can give of ourselves. We have some open hours and a couple of temporary open hours during the winter months for snowbirds. You can sign up to take an open hour during Lent or just a one-time one-hour commitment on a date you choose.

Open and snowbird hours are listed below. Nighttime hours can be difficult, but what a beautiful sacrifice for you to accept one and spend an hour in the presence of Our Lord. Please contact Joanne (763.360.2639) or Diane (612.730.9386) if you have any questions about adoration or would like to sign up for an hour, or visit sspap.org/eucharisticadoration to fill out the contact form.

OPEN ADORATION HOURS

(Temporary Snowbird Openings indicated with **)

NIGHTTIME

Sunday, 2:00am & 3:00am
Tuesday, 12:00am & 5:00am
Wednesday, 1:00am**, 3:00am
Thursday, 1:00am
Saturday 1:00am & 3:00am

MORNING

Wednesday, 11:00am

AFTERNOON

Tuesday, 1:00pm**
Friday, 3:00pm
Saturday 5:00pm

EVENING

Saturday, 8:00pm

Adoration Continued: *Below Adoration details from area churches are subject to change, so contact the church directly.*

St. Maximilian Kolbe, Delano, 763.972.2077

Hours Open: Sunday 12pm-Saturday 4pm. Between the hours of 6am- 8pm, an elevator entrance is also available. Beyond these hours, the elevator is closed and the chapel doors require a code to enter. To learn the code, please call the church office.

St. George, Long Lake, 952.473.1247

Mon, Wed, Thurs. For information about the Eucharistic Adoration, please contact Jean Kottemann at 763.458.1591.

St. Francis Xavier, Buffalo, 763.684.0075

Perpetual Adoration from Wed 10am-Friday 5pm. For later evening hours (10pm-6am) they require a key fob for access. You will be given a key fob once you are signed up and scheduled for adoration.

St. Vincent de Paul, Brooklyn Park, 763.425.2210

Perpetual Adoration. Their chapel is in the main church building. Front doors open during the day. During evening and night hours, the front door is locked. Only scheduled adorers have the code.

St. Raphael, New Hope, 763.537.8401

A personal door code is required to enter the chapel. If interested in receiving a personal door code, becoming a committed adorer or a substitute, please contact the adoration coordinators at ext. 221.

Mary Queen of Peace, Rogers, 763.428.2585

Mon-Fri, 7am-10pm. Doors are open 8am-5pm. After 5pm, the door is locked, and a code is required. Jan Hofford, Adoration Chapel Coordinator, 763.428.8356.

Holy Name, Wayzata, 763.473.7901

Mon, Tues, and Thurs from 8:30am-9pm. Only scheduled adorers have access. Call Cheri Quast at Holy Name of Jesus at 763.745.3486

St. Michael, St. Michael, 763.497.2745

Sun: noon-11:59pm. Mon-Sat: midnight-11:59pm. Entry to the Adoration Chapel (inside the main entry to the church) after 10pm requires a key code, which can be obtained from coordinator Steve House, 612.968.8504.

HOW
ARE YOU
CHOOSING TO
WALK IN HIS
SANDALS
THIS LENT?

Lenten Challenge

- Pray one decade of the Rosary each day.
- Read from the Bible each day.
- Make a Holy Hour once a week and pray for family members in front of the Eucharist.
- Attend Ash Wednesday Mass.
- Attend at least two Stations of the Cross sessions during Lent.
- Visit, join, or invite someone to a Small Group.
- Attend the March 1 Mission speaker at St. Thomas.
- Attend at least one Fish Fry.
- Attend a Ham Bingo event.
- Attend Mass every Sunday.
- Go to Confession before Easter.



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churchofstthomas.org



/stthomastheapostlemn



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