



SMALL GROUP LEADER GUIDEBOOK

Parish Evangelization Cell System



ARCHDIOCESE
OF
SAINT PAUL &
MINNEAPOLIS

OFFICE OF DISCIPLESHIP
AND EVANGELIZATION

2024

Small Group Leader Guidebook 2024

Small Group Leader Formation Exercises	3
Session 1: What is Relational Evangelization and Why PECS? (20 Minutes)	3
Session 2: Preparing Your First Meeting, and Moment 1 - Song and Praise.....	6
Session 3: Moment 2 - Personal Sharing	8
Session 4: Moments 3 & 4 – Teaching and Discussion.....	9
Session 5: Moments 6 & 7 – Intercession and Healing Prayer	10
Session 6: Moment 5 – Announcements and Pastoring Between Meetings	12
Session 7: A Good Leader	14
Session 8: What is oikos? And how to invite others into your group.	16
The 7 Moments Review	18
Running Your First Meeting	18
Running and Preparing for Subsequent Meetings.....	19
How Long Should My Group Meet?	20
Importance of Coleaders and Identifying Future Leaders	20
Connecting My Small Group to the Parish	21
Safe Environment.....	21
Group Vitals for Small Group Leaders.....	22
Option 1: Small Group Leader Sign Up	22
Option 2: ECT Adds Leaders	22
Resources to Share or Print If Needed	25
Songbook.....	25
7 Moments Sheet.....	25
Content Library.....	25
Evangelization Prayer Card	25

Small Group Leader Formation Exercises

Session 1: What is Relational Evangelization and Why PECS? (20 Minutes)

Outline:

- I. **Introduction**
 - Testimonies on the impact of small groups
 - Historical background of PECS (Parish Evangelization Cells System)
 - Purpose and benefits of small groups
- II. **Core Component of PECS**
 - Oikos (existing relationships) as a focus for relational evangelization
 - Role of small groups in parish renewal and discipleship
 - The Executive Cell Team (ECT)
 - The role of the Holy Spirit and Eucharistic Adoration
- III. **Introduction to the 7 Moments**
 - Following the format protects the purpose of the group

Notes:

Session 1 Exercise (15 – 20 minutes):

In a small group, discuss the following questions:

- What struck you about the Parish Evangelization Cell System?
- What excites you or motivates you to be a small group leader?
- How can you keep evangelization at the forefront of your small group?
- Looking at the 7 Moments Sheet, which moment are you most excited about or find the most challenging?

Before Your Small Group Meeting

- **Remind Participants:** Send a reminder text message, email, or GroupVitals message prior to the next meeting.
- **Review Teaching Content:** Prepare the teaching material and any discussion questions. Teachings can be segmented into 15 - 20 minute sessions.
- **Delegate:** Ask co-leaders or participants to help with moments of the meeting. For example, delegate others to prepare music, be timekeeper, or facilitate discussion, etc.
- **Prepare Song and Praise:** (This task may be delegated.)
 - Ask someone with a gift for music to lead this moment. It is important that the song leader helps the whole group to sing, as group participation is more important than singing well.
 - Use the diocesan or a personal songbook, or a music playlist.
- **Prepare Announcements:** Use the bulletin to highlight parish events. Share any events that the ECT or pastor have asked to promote and share the date of your next meeting.
- **Setting Up the Space:**
 - **Creating a Place of Prayer:** Consider having a sacred image, icon, candle, crucifix or other Catholic art in a place of prominence during the meeting. This helps focus the attention of participants toward God.
 - **Supplies:** Consider if participants may need pens, notepads, copies of discussion questions, a songbook or lyrics. Have copies of the 7 Moments guide for any newcomer or as a reference for participants.
 - **A Safe Environment:** Be mindful of allergies, if minors will be present, and emergency contact information. Make sure to follow the recommendations of your parish's safe environment coordinator.

The 7 Moments of a Small Group

1. Song & Praise (15 Min.): Starting with a Focus on God

Song is a deeply human expression of love. Starting with song and praise turns the minds and hearts of participants away from life's troubles, and focuses on the power, generosity, and goodness of God.

- Be sure the songs selected are known to the group and fit the genre your group is accustomed to.
- Select songs that are easily memorized, simple in their lyrics, or that have a repetitive nature.
- If there are no participants with the charism (gift) to lead song, technology can be used. If technology is used, prepare and check that everything works well before starting the meeting.

Conclude song and praise with a Hail Mary

2. Personal Sharing (15-20 Min.): The Two Questions

These questions focus the participants on God's action and presence in their lives and how they are responding to Him.

1. What has God done for me this past week?

2. What did I do for God this past week?

- Initially, the small group leader will be the first to share. Offer an example of a word, an action, or a situation that helped you know God's presence. Then share how your own actions, words, or time may have helped another person draw closer to God.
- Encourage participants to "prepare your share" prior to the small group meeting to help members become aware of God throughout the week and help them listen attentively to what is being shared by others.
- Keep the focus of sharing on the two questions. If the group goes off topic, help members refocus their sharing on what God has done in their lives and how they have responded to His love.
- Allow 2-3 minutes for each person to share. This allows everyone time to share, while also allowing time for the other moments of a small group meeting.

Conclude the time of personal sharing with a "Glory Be"

3. Teaching by Pastor or Another (15–20 min.): Formation for Life Application

The teachings are aimed at helping all present to grow in understanding of the Gospel and the teachings of the Church, as well as stimulate spiritual growth.

- Bear in mind that people of all spiritual maturity will come to the small group. Therefore, consider what content may be best suited for the needs of your group and make sure all teachings are pre-approved by the pastor and in accord with the magisterium of the Church.
- Depending on your parish, choosing the content may or may not be part of the small group leader's role. The pastor of a parish has "first dibs" on what content the small groups use.
- Groups are to remain open to the "teaching of the parish priest", either through his recommendations of content, or his direct teachings. However, with his permission, this may also be an opportunity for leaders to propose content specifically suited to their group. If this is the case and you are looking for content, consider using the Content Library as a resource.

4. Discussion about the Teaching (15 min.): Impacting Our Hearts and Actions

The discussion seeks to integrate the teaching and apply it to everyday life. This is not a time of intellectualization, but rather absorbing the content for the sake of deeper conversion and transformation of life.

- Make sure everyone has a chance to share. Everyone's input is valued, and the group is there to listen to each other and to the promptings of the Holy Spirit. For this to be possible, it may be helpful here to limit sharing to two minutes or less, depending on your group.
- This time of discussion is aimed at understanding, and not a time of debate. In moments of disagreement on Church teaching, the leader gently reminds what the Church teaches and may offer another further explanation or offer another time to talk one on one about the topic. Alternatively, the leader can encourage the group to find out together why the Church teaches what she does about that topic. Here it is important to presume the goodwill of others.
- When the group gets off topic, encourage returning to the tangent at the end of the meeting or a different time. Redirect the conversation to the teaching and how it may apply in daily life.
- Keep in mind the time limit for discussion so that all moments of the small group can occur.

5. Announcements (5 min.): Connecting to the Parish

Announcements are focused on ways for the small group to connect with the parish. Examples could be ways to connect the small group to the parish such as a small group holy hour, volunteering for a donut Sunday, or volunteering as a group at the parish festival.

6. Intercession (10 min.): Praying for Those Outside the Group

Members are encouraged to voice intercessions for their family, community, and particularly their oikos, with a mind toward evangelization. We pray for the Holy Spirit's action in their lives and hearts, and for a deeper encounter with Christ.

Conclude the time of Intercession with a Memorare

7. Healing Prayer (10 min.): Praying for Those Within the Group (optional)

Leaders may invite those who need special prayer within the group to make that need known. This is a special time of affirmation for those in the group feeling the stresses of life. They should be able to take home the feeling that they are loved and supported.

*Conclude meeting with an Our Father
and the Prayer for the New Evangelization*



SMALL GROUP LEADER 7 MOMENTS GUIDE

Parish Evangelization Cells System Small Groups



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Session 2: Preparing Your First Meeting, and Moment 1 - Song and Praise

Outline:

- I. **Preparing Your First Meeting**
 - Identifying a co-leader or co-leaders
 - Preparing the space and guidelines for hosting
 - Hospitality with a safe environment
- II. **Importance of Song and Praise in a Meeting**
 - Biblical roots of song and praise
 - Song as a human expression of love and joy
 - Role of song and praise in orienting hearts to God
- III. **Practical Tips**
 - Selecting appropriate songs
 - Use resources such as songbooks, the help of a co-leader, playlists etc.
 - Goal being prayer more than a beautiful voice

Notes:

Session 2 Exercise (15- 20 min.):

Write below someone you plan to ask to be a coleader for your small group:

Discuss in your group what some of your favorite hymns, Latin chants, or praise and worship songs move your heart. Is there someone you are thinking of inviting to your small group who could help with this portion of the small group? (It could be someone musical, or someone who simply can help coordinate the song portion) Or is there a CD or playlist you could use or create to help guide the time of song?

What are some common and easy songs that help elevate your heart to God?

_____	_____
_____	_____
_____	_____

Who could help you organize and lead the portion of song and praise?

_____	_____
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Session 3: Moment 2 - Personal Sharing

Outline:

I. Introduction

- The Two Questions of Personal Sharing:
- What has God done for me this past week?
- What did I do for God this past week?
- Sharing focuses on God's action and responding to Him
- Importance of Personal Sharing in building trust, community, and faith

II. Guidelines for Sharing

- Encouraging openness and vulnerability
- Preparing your share
- Creating a safe and respectful environment

III. Practical Tips

- How to facilitate sharing among members
- Managing time and ensuring everyone has a chance to share

Notes:

Session 3 Exercise (15 – 20 min.):

Consider the questions: "What has God done for me this past week?" and "What did I do for God this past week?" In the space provided below, take two to three minutes to write as many things that come to your mind as possible.

After these two to three minutes, discuss your thoughts with your group while practicing staying within the allotted sharing time. While listening to others share, practice active listening by giving the speaker undivided attention, listening intently to what the other person is saying while not trying to compose your own response while listening, and demonstrating nonverbal signs of listening such as eye contact.

Session 4: Moments 3 & 4 – Teaching and Discussion

Outline:

I. Introduction

- Learning for Life Application
- Formation to fall in love with Jesus and His Church

II. Content and Delivery

- Selecting relevant topics and materials
- Pastor's role in selecting or approving content
- Preparing for the Teaching and Discussion Moment
- Focus on application of teachings to daily life

III. Practical Tips

- Facilitating engaging discussions while managing moving through the 7 moments
- Managing Conversations in various situations: Chatty Cathy, Reticent Ralph, Political Pete, Theological Theresa, and Negative Nick

Notes:

Session 4 Exercise (15 – 20 min):

Practice role-playing a small group with the following dynamics, as time allows (after role playing each situation, answer the question “How should you respond in this situation?”)

A group with a Chatty Cathy

A group with a Reticent Ralph

A group with a Political Pete

A group with a Theological Theresa

How would you go about answering tough questions?

Session 5: Moments 6 & 7 – Intercession and Healing Prayer

Outline:

I. Introduction

- The importance of praying for others to encounter Christ's love
- Special emphasis on intercession for your oikos
- Small group's mission of evangelization through intercession

II. Intercession

- Biblical Roots of intercession
- Praying out loud for the needs of the oikos
- Practical tips for conducting intercessory prayer
- Calling upon the Holy Spirit and being comfortable with silence

III. Healing Prayer

- Supporting a group member with prayer
- Various ways the group can pray with a member for healing prayer
- Practical ways to start and close the time of healing prayer

Notes:

Session 5 Exercise:

Take the next few minutes to ask God who He would like you to pray for, and what that person might need most in their life right now.

God, who is a person you want me to pray for during this time? _____

What is it they need most from you? _____

Now take time to write out a prayer in your own words. Remember this prayer is speaking directly to God, and therefore addressing Him. Once you have addressed God, pray for the person by name and the things you would like to pray for regarding that person, then conclude with a prayer of thanks to God. Write out a sample prayer intention below:

Now in a small group go around and have each person pray out loud for the person God put on their heart. You can use what you wrote above as a guide or speak by what God inspires you to pray for.

Session 6: Moment 5 – Announcements and Pastoring Between Meetings

Outline:

I. Introduction

- Importance of connecting the group to the larger parish community

II. Announcements and Pastoring

- Sharing information about parish events and activities
- Showing consistent care and involvement in members' lives
- Pastoral care and building community beyond meetings
- Selecting ways the group can give life to the parish

III. GroupVitals

- What is it?
- How does it help you as a leader?
 - Attendance, Group details, GroupFinder, Connecting to ECT, communication to group, capturing testimonies, resources, content
- Getting started

Notes:

Session 6 Exercise (15 -20 min.):

Take a bulletin and choose one or two events at the parish that may be good to highlight for your group and write them below. Where there any announcements made at the last mass that you may want to highlight or include?

Think about a typical parish event or ministry that may need the assistance of a group. Which ministry would you like to bring life to through your small group? (ei adoration hour, parish festival booth volunteers, youth ministry event)

Once you start your group, you can use the chart below to capture helpful details about your small group members.

Name	Birthday	Family	Employment	Typical Mass	Other

If time allows, practice the previous sessions' exercise of healing prayer. Similar to the prayer of intercession, the healing prayer is bringing the needs of someone to the feet of Jesus, the only difference is that this time, it is someone **within** your small group. Gather in a small group and ask someone to share a special prayer intention that they would like prayer for. Begin a time of prayer for that intention following the same outline of: Greeting God, praying for the person by name followed by the needs they have, allow anyone else to add to the prayer, and end by thanking God. This structure is not meant to be rigid, but can help guide a prayer if you are in need of a structure.

Session 7: A Good Leader

Outline:

I. Qualities of a Small Group Leader

- Personal encounter with Christ, one who tasted and seen the goodness of the Lord
- Pastorcisto, or little shepherd
- Facilitation skills
- Shared Leadership, Identifies co-leaders and future small group leaders

II. Key Practices for Leaders

- Daily relational prayer, especially through Eucharistic Adoration and a lived experience of the Holy Spirit
- Living in the stream of sacramental grace
- Generosity
- Attempting to live by and learn the teachings of “Mom”

Notes:

Session 7 Exercise (10 min.):

In a small group discuss what qualities of a small group leader stood out to you? Which aspect do you feel you need to grow in the most? What are some concrete steps to grow in that quality?

Eucharistic Prayer (10 min):

Your parish has prepared a time of Eucharistic Prayer. During this time of adoration or prayer in the chapel, take time to ask God about which quality or practice of a small group leader needs the most attention in your life? Ask God how you could make concrete steps toward that practice or quality. Remember, these are not accomplished by our own strength, but in participation with the graces of God. Do live as a disciple we must as the Holy Spirit to help us in brining these practices to fruition.

1. **Daily Relational Prayer** – Am I taking time for daily sharing of my heart with Jesus, and Him sharing His heart with me?

2. **Living in the Stream of Sacramental Grace** – How can I deepen my openness to the graces of Baptism and Confirmation in my daily life. How else can I participate in the Eucharist and Reconciliation?
3. **Living a Life of Generosity** – How am I serving God and my neighbor?
4. **Learning and Attempting to Live by the Teachings of Mom** – How can I learn more about the teachings of the Church and live more fully in unison with them?

Take the one of the following prayers or a prayer from your Executive Cell Team to help guide your time in adoration.

Prayer to the Holy Spirit: Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love. Send forth your Spirit and they shall be created and you shall renew the face of the earth. O God, who has taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit we may be truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen.

Prayer to the Holy Spirit by Cardinal Mercier:

I am going to reveal to you the secret of sanctity and happiness. Every day for five minutes control your imagination and close your eyes to all the noises of the world in order to enter into yourself. Then, in the sanctuary of your baptized soul (which is the temple of the Holy Spirit) speak to that Divine Spirit, saying to Him:

O Holy Spirit, beloved of my soul, I adore you. Enlighten me, guide me, strengthen me, console me. Tell me what I should do; give me your orders. I promise to submit myself to all that you desire of me and to accept all that you permit to happen to me. Let me only know your will. Amen.

If you do this, your life will flow along happily, serenely, and full of consolation, even in the midst of trials. Grace will be proportioned to the trial, giving you the strength to carry it and you will arrive at the Gate of Paradise, laden with merit. This submission to the Holy Spirit is the secret of sanctity.

A Prayer to the Holy Spirit by St. Augustine of Hippo: Breathe in me, O Holy Spirit, that my thoughts may all be holy. Act in me, O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me, O Holy Spirit, to defend all that is holy. Guard me, then, O Holy Spirit, that I always may be holy. Amen

Session 8: What is oikos? And how to invite others into your group.

Outline:

I. Introduction

- Jesus' command to go and make disciples
- The role of Oikos in mission to go and make disciples
- Biblical Roots of oikos evangelization

II. Personal Invitations to Your Small Group

- Daily prayer for those on your oikos prayer card
- Identifying who is ready to be invited
- Practical steps for inviting others to the group

III. Parish Initiatives for Inviting Others to Your Small Group

- Small Group Invitation Weekend
- Parish promotions: bulletin, website, groupfinder etc.

Notes:

Session 8 Exercise (15 – 20 min.)

Take some time now to identify who is in your oikos. (oikos includes those in your family, those in your geographic area, those having similar hobbies or interests, those with whom you interact regularly or those within your parish)

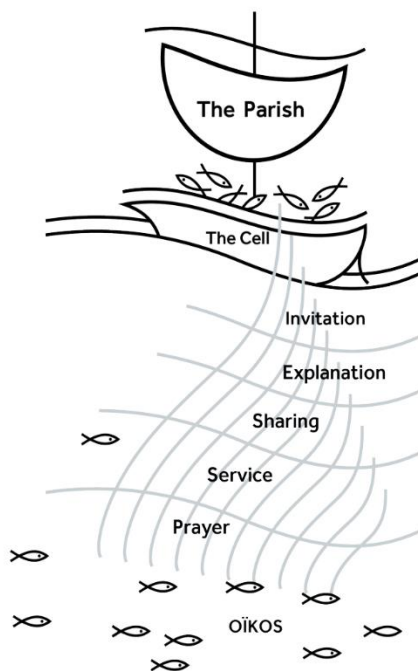
Oikos List:

Not everyone in our oikos is ready to be in a small group. We'll cover this more in your ongoing formation as we discuss the Net of Evangelization, but who currently on the list above is someone who you feel would be ready and open to joining a small group? Below write the names of those who you think might be ready.

Those who are ready and open to being in a small group (There may be many or very few who are ready, so it's ok if none are ready yet):

Pair up with a partner and practice how you might invite someone to join your small group.

Now return to your original oikos list. Select the names of those who the Lord might be asking you to attend to in a special way and write them on your oikos card below. Your Executive Cell Team should have double-sided Oikos List cards for you to use and keep in your bible or other place where you can be reminded daily to pray for them.

[illegible]

The 7 Moments Review

1. **Song and Praise (15 min.)**
2. **Personal Sharing (15-20 min.)**
3. **Teaching by Pastor or Another (15-20 min.)**
4. **Discussion about the Teaching (15 min.)**
5. **Announcements (5 min.)**
6. **Intercessions (10 min.)**
7. **Healing Prayer (optional as need arises, 10 min.)**

Running Your First Meeting

1. **Hospitality and Prayer (5 min.):** Start with some hospitality such as coffee, pop, or tea, and once everyone has arrived begin with a short prayer.
2. **Get to Know You (25 min.):** Facilitate introductions for members to get to know each other, especially if your group is not familiar with each other. Maybe share name, profession, hobbies, family or other topics as desired.
3. **Introduction to a Typical Meeting (15 min.):** Go over the 7 Moments Sheet so participants know what to expect each week. Take some time especially to explain:
 - a. How each meeting begins with a time of song and praise. Consider asking the group which genre of music or songs might help them prayerfully enter in for next time.
 - b. That each week's sharing will include the same two questions, "What has God done for me this past week?" and "What did I do for God this past week?". Explain that each participant should prepare in advance what they want to share. Participants can always have the option to pass if they don't feel comfortable yet.
 - c. Healing Prayer may not happen every week but is an option if someone requests it. For those unfamiliar, it is a time for the group to pray specifically for a member of the group.
 - d. Share what your group will be using for the Teaching Moment and go over The Discussion Guidelines found in the 7 Moments Sheet.
 - e. Explain that after regular participation, a member will be sent an Adult Liability Waiver. This helps capture any allergies, emergency contacts, and other information in case of an emergency.
 - f. Meetings will be kept to 1.5 hours to respect the time commitment of individuals and to help in the long term sustainability of the group.

4. **Teaching and Discussion (20 min. + 15 min.):** Dive into your first week of content and discuss how the teaching can be applied in real life.
5. **Communication (5 min):** Explain how you intend to communicate and how often you intend to communicate with the Group on upcoming meetings or solidify the specific dates the group plans to meet.
6. **Intercession and Closing Prayer (5 min)** Take a time as a group to bring forth any prayers of intercession and conclude with a closing prayer.

Running and Preparing for Subsequent Meetings

- ☐ **Send Reminder to Participants:** Give a reminder text message, email, or GroupVitals message prior to the next meeting.
- ☐ **Review Teaching Content and Discussion Questions:** View and prepare the Teaching Content and any discussion questions.
- ☐ **Delegate:** We recommend you ask a coleader(s) or small group participant(s) to help with some moments of the small group meeting. For example, delegate one person to prepare the music, another person to be a time keeper, another to facilitate discussion etc.)
- ☐ **Prepare Song and Praise:** As mentioned above, this task may be delegated, but be sure that songs selected are known to the group and fit the genre of praise your group is accustomed to. It helps to have songs that are easily memorized, simple in their lyrics, or have a repetitive nature. At times songs of other genres can be introduced. Make use of your own songbook, music playlist or the songbook and playlists provided by the Archdiocese.
- ☐ **Prepare Announcements:** Check the bulletin for parish events you may want to highlight. Check if an ECT or Pastor has asked to share a particular event to small groups and be prepared to share the date of your next meeting.
- ☐ **Setting Up the Space:** Consider having a sacred image, icon, candle, crucifix or other catholic art in a place of prominence during the meeting. This helps focus the attention of participants toward God. Make sure sufficient seating is available and that participants have pens, notepads, copies of discussion questions, songbook or song lyrics. Have copies of the 7 Moments Sheet for any new comer or for reference for participants,
- ☐ **Take Attendance:** Once your group has met, make sure to take attendance, either through GroupVitals or another method which your parish has recommended. If a small group member has missed a couple of meetings in a row, consider reaching out to them. Taking attendance on GroupVitals helps to prompt the Health Survey

after 5 sessions, so make sure to take attendance to capture the Health Survey results.

How Long Should My Group Meet?

Each group has different needs and a different cadence. It is important for a leader to discern the group's needs and look toward its longevity and sustainability. For this reason, we have found that there are three main ways that groups gather:

1. Meet weekly or every other week perpetually
2. Meet weekly or every other week for a season (ie. 6 weeks, 12 weeks, 8 weeks, 4 weeks etc.) with breaks before restarting.
3. Meets along the cadence of the Pastor's initiatives (ie. Advent Small Groups, Parish Mission Small Groups, Fall OCIA Small Groups etc.)

When coming to the end of a season of meeting:

1. Consider when you group may need a few weeks off and when a good “restart” date would be (If your group doesn't need a break, don't feel like you have to.) When taking a break, we recommend not to “break” longer than 4-6 weeks, again depending on the cadence of your group.
2. Have leaders and co-leaders decide the next “restart” date prior to the last meeting of their current small group
3. When coming to the end of a season of meetings, begin discerning the “teaching moment” for the next season of meeting. It will be important to give the ECT and Pastor time to approve the content before starting your next season of small group. We recommend a month for the ECT and Pastor to approve content, keeping in mind that the Pastor may choose a different type of content as the priority for the parish.

Importance of Coleaders and Identifying Future Leaders

The longevity of a group often is correlated with the availability and support of coleaders. Coleaders help the leader in running a small group and often help with some of the moments of a small group meeting. In the event that a small group leader is unable to make a meeting, a coleader can step in and lead in their place. Coleaders help lighten the load of leading a group and help tremendously not only in running the group, but also in inviting new people to the group. As you begin to lead your group, it will be important to take note of who might be a good small group leader in the future, and encourage them to

step into a role as a coleader or to take training to become a leader. Coleader also attend Small Group Leader Formation.

Connecting My Small Group to the Parish

How is my group giving life to the parish?

Small groups are meant to give life to the parish and act as a part of the body, serving, praying, and being an integral part of the life of the parish. Consider volunteering as a group with something like the serving of coffee and donuts after a Sunday Mass, volunteering for a table or activity at the parish festival, assisting the parish prolife group with one of their events or donation collections, covering a Holy Hour in the Adoration Chapel, volunteer at a Family Faith Formation or Youth Ministry event. Consider how your small group may come together intermittently to give life to the parish.

Safe Environment

It is of the utmost importance to provide not only a hospitable environment, but also a safe environment for any guests or participants in a small group. The safe environment coordinator and ECT at your parish

Two forms for you (if meeting is not held at the Parish Facility):

1. Safe Environment Form for Meeting Not Held at a Parish Facility
2. Adult Liability Waiver

One form for any small group member (who comes consistently to a group that does not meet at the Parish Facility):

1. Adult Liability Waiver – This form can be sent to the participant by having them use the QR code below, or by messaging them this link:
<https://archspm.groupvitals.com/liability-waiver>

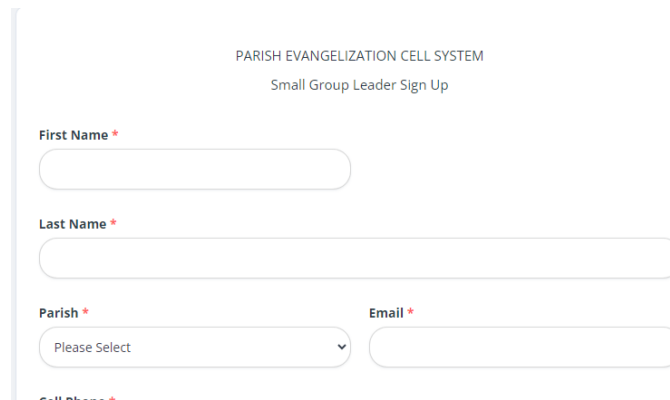


Group Vitals for Small Group Leaders

Setting Up Your Account - Check which of the two options your ECT used to set up your account:

Option 1: Small Group Leader Sign Up

1. Your small group leader will send you Small Group Leader Sign Up Form to fill out and submit.



PARISH EVANGELIZATION CELL SYSTEM
Small Group Leader Sign Up

First Name *

Last Name *

Parish * Email *

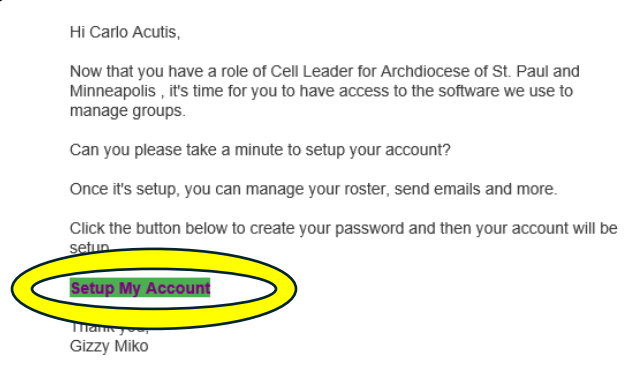
Please Select

Cell Phone *

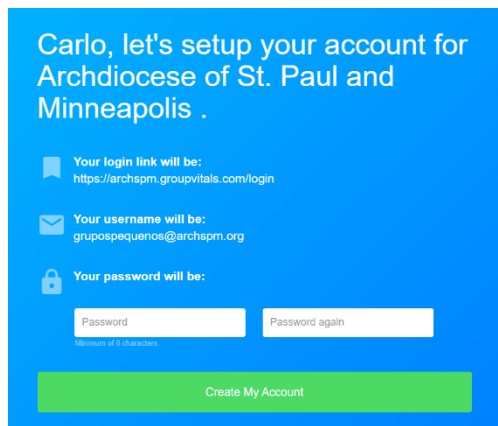
2. Your Parish's ECT will receive an email stating that you submitted a Leader Sign Up Form. Once they have approved you as a leader, they will send you a User Invitation prompt from GroupVitals. Then follow the steps from "Option 2: ECT Adds Leaders" below.

Option 2: ECT Adds Leaders

1. Once your ECT has added you as a leader, you will receive an email inviting you to set up your account.



2. You will then be prompted to create your password



Carlo, let's setup your account for Archdiocese of St. Paul and Minneapolis .

Your login link will be:
<https://archspm.groupvitals.com/login>

Your username will be:
grupospequenos@archspm.org

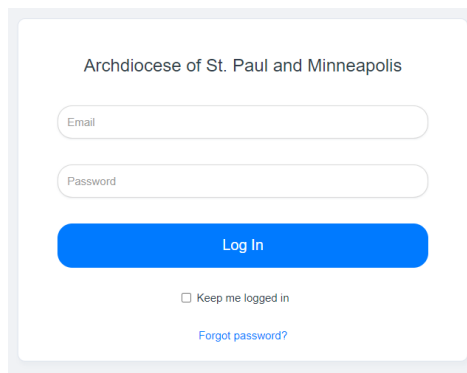
Your password will be:

Password Password again

Minimum of 8 characters

Create My Account

3. You can log in to your account at any time at <https://archspm.groupvitals.com/login>



Archdiocese of St. Paul and Minneapolis

Email

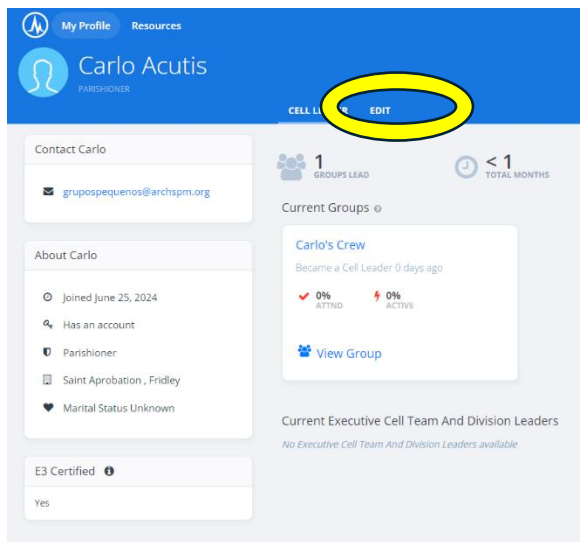
Password

Log In

☐ Keep me logged in

[Forgot password?](#)

4. Once logged in, you can see your dashboard and edit your profile.



My Profile Resources

Carlo Acutis
PARISHIONER

CELL LEADER EDIT

Contact Carlo

grupospequenos@archspm.org

About Carlo

- Joined June 25, 2024
- Has an account
- Parishioner
- Saint Aprobation , Fridley
- Marital Status Unknown

E3 Certified

Yes

1 GROUPS LEAD

< 1 TOTAL MONTHS

Current Groups

Carlo's Crew

Became a Cell Leader 0 days ago

0% ATTND 0% ACTIVE

View Group

Current Executive Cell Team And Division Leaders

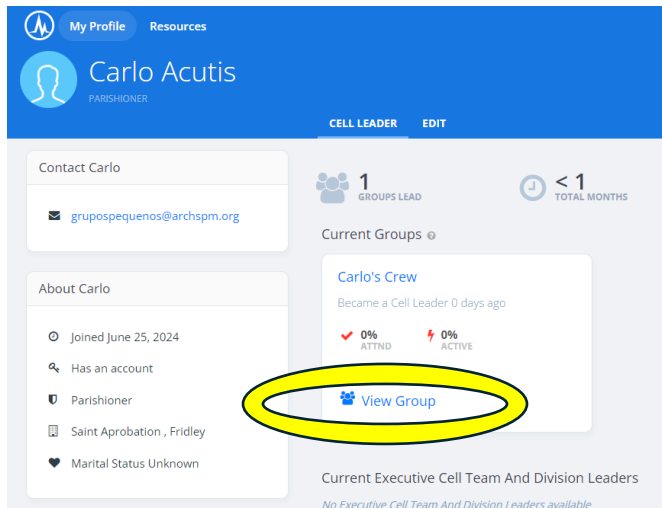
No Executive Cell Team And Division Leaders available

Edit your profile by clicking “edit”. Here you can add or edit any of your information.

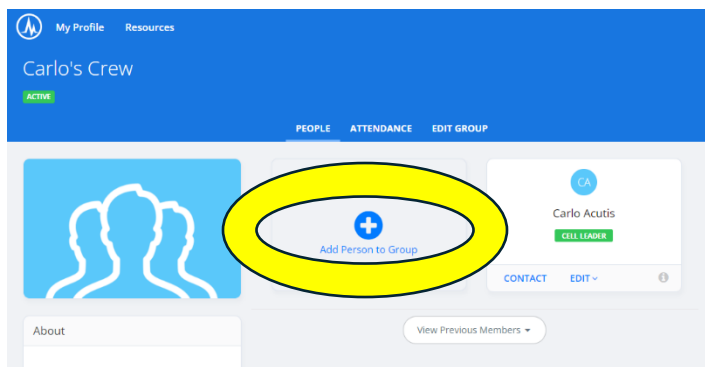
Please note, only your Name, Parish, and Marital Status will be public. All other information from your profile is only visible to your ECT.

On your dashboard click the blue circle to upload a picture of yourself (optional)

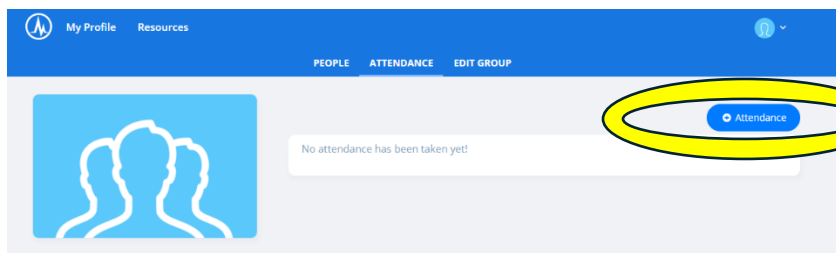
5. To edit your small group information click “View Group”.



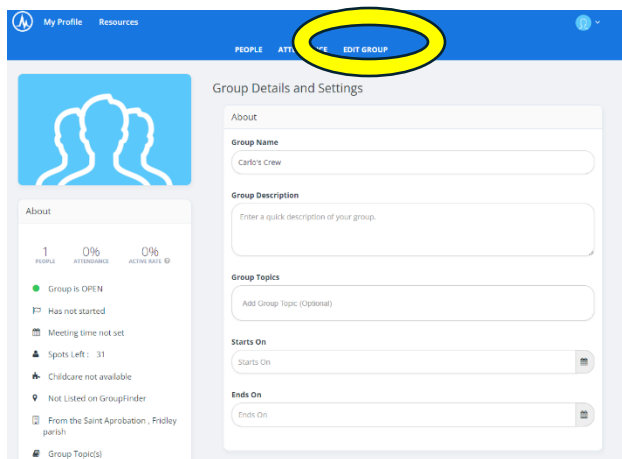
When viewing your group you can:



Manually add people



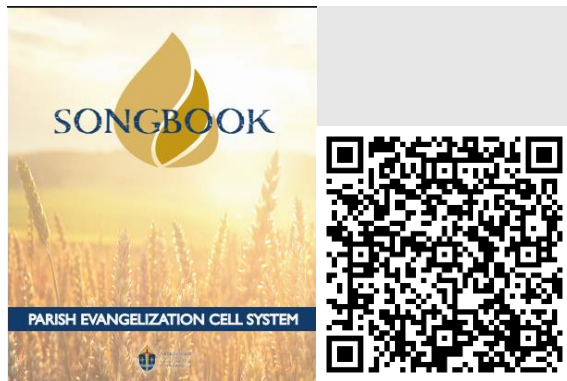
Take attendance



Edit group information. Before making invitations or making your group public, make sure to edit and update your group information.

Resources to Share or Print If Needed

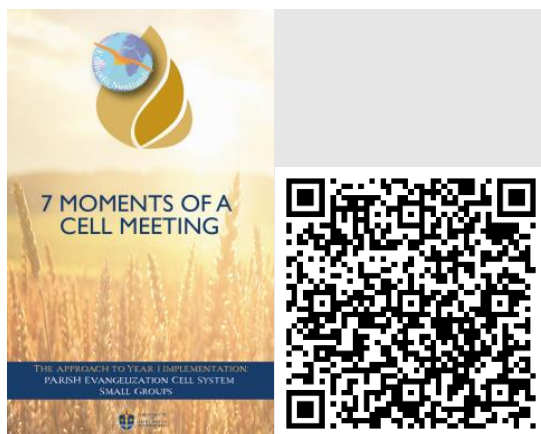
Songbook



Content Library



7 Moments Sheet



Evangelization Prayer Card

